

Summary of the Curriculum Vitae

Dr Ilias K.Karabinos, MD, PhD

Head of 2nd Cardiology Dept. « Euroclinic of Athens »

Ex President of the Working Group of Echocardiography of the Hellenic Society of Cardiology

Education:

- **Graduated** from Medical School of Aristotellean University of Thessaloniki, Greece in 1991. Graduated the **Specialty of Cardiology** in 2001 Evaggelismos Hospital.
- **Post Graduate Course:** Biomedical Engineering Aristotellean University, 1991-92
- **Fellowship** in Echocardiography, Interventional cardiology and Devices implantation in Evaggelismos Hospital, Athens Greece (2002-2005).
- **PhD from Medical School of Kapodistrean University of Athens** awarded with the grade "Excellent" in 2004 on " Oxidized LDL Cholesterol and Other Lipids in Acute Coronary Syndromes", supported with a scholarship by the Greek Cardiology Society.
- Since 2002, in private medical sector (Euroclinic of Athens) and since 2010, assigned the **Head of 3rd Cardiology Dept of Euroclinic of Athens.**
- **MsC, Medical School of Kapodistrean University of Athens:** Epidemiology and Methodology in Medical Research, 2020-today

Scientific Profile:

- **Main clinical research projects:** Valvular Heart Disease, Echocardiography atherosclerosis, oxidized LDL, endothelial dysfunction, acute coronary syndromes, myocardial ischemia, and Interventional Cardiology. Participated in Euroheart Survey: Diabetes and Heart (2003), and Euroheart Survey: Acute Coronary Syndromes II (2004)
- **Publications/congress announcements:** 41 peer reviewed papers published, included in pubmed (h index=13, 833 citations). More than 100 abstracts in many International Congresses, more than 150 abstracts in Greek congresses and more than 85 papers in greek medical journals.
- **More than 190 lectures** or presentations given on many topics in cardiology in many Congresses.
- **Honorary Distinctions:** As part of Research Teams, 4 awards won for clinical research studies during the Annual Greek Cardiology Congresses, 2001, 2003, 2005, and 2007.
- The paper " Prevalence and potential mechanisms of sustained ventricular arrhythmias during dobutamine stress echocardiography: a literature review" J Am Soc Echocardiogr 2008;21:1376 was cited by the very well known book UpToDate 2009 (literature reference).

- Being in the Family of **European Society of Cardiology** since 2004 that was awarded the **Cardiologist Diploma**. In 2005 accepted as a **Fellow of ESC**.
- **Accreditations by ESC:** in Transthoracic Echocardiography (2004), Transesophageal Echocardiography (2012), Implantation Pacemakers and ICDs (2010).
- **Active reviewer** in journals since 2005: *Atherosclerosis, Clinical Cardiology, Heart, European Heart Journal - Cardiovascular Pharmacotherapy, Hellenic Journal of Cardiology.*
- **Reviewer of the logbooks** for the accreditation in Transthoracic and Transesophageal Echocardiography, EACVI, since 2014.
- **Participation as Main Researcher** (Euroclinic of Athens, Greece) in the Euroheart Surveys ESC: Diabetes and Heart, ACSII.
- **Author** of two textbooks in Greek: "Echocardiography Doppler DVD" (2007) which was awarded the Honorary Praise by the Hellenic Society of Cardiology (2013) and "Heart Failure: Questions and Answers. DVD Echo Cases" (2014). Participation with authorship in two other Clinical Cardiology textbooks (in Greek) and translations to Greek, THE MEDICAL CLINICS OF NORTH AMERICA and SABISTON and SPENCER Surgery of The Chest.
- **Elected President of the Working Group of Echocardiography of the Hellenic Society of Cardiology, in 2020.**
- **Membership of Scientific Societies:**

Hellenic Cardiology Society

European Society of Cardiology

European Association of Percutaneous Cardiovascular Interventions, EAPCI, ESC

European Association of Cardiovascular Prevention and Rehabilitation, EACPR, ESC

European Association of Heart Failure, HFA, ESC

Council on Valvular Heart Disease, ESC

WG on Atherosclerosis and Vascular Biology, ESC

Main practice:

- Head of the 2nd Cardiology Dept Euroclinic, Athens since 2010
- Echocardiography (transesophageal, 3D, stress echo), Interventional Cardiology and Pacemakers and ICDs implantation.